

## Wholistic Assessment

◇ **Medical & Wellness**

◇ **Happiness & Pleasure**

◇ **Physical**

◇ **Self-Love**

◇ **Nutrition**

◇ **Social**

◇ **Stress**

◇ **Communication**

◇ **Energy**

◇ **Sensual & Sexual**

◇ **Mental & Emotional**

◇ **Virtues**

◇ **Lifework**

◇ **Teamwork & Leadership**

◇ **Financial**

◇ **Spiritual**

◇ **Environment & Safety**

◇ **Appreciation**

◇ **Recreation & Relaxation**

◇ **Abundance**

### **Abundance Company**

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