

#10 Social Skills Action Plan

Social SKILLS

Likable, Warm & Friendly

Welcoming & Inclusive

Compassionate

Caring, Kind & Generous

Appreciative

Supportive

Accepting

Forgiving

Understanding & Empathetic

Builds Quality Relationships

Evaluate your skill level in this inventory category on a scale from 1 to 10.

Which skill do you want to strengthen at this time?

Which skill is too low and causing you problems?