

#11 Delight

Delight is the experience of another person's pleasure as your own. One person can experience pleasure but it takes two people for delight. An opportunity for delight is giving your partner a massage. While stroking your partner, you notice the smoothness of the skin and the silkiness of the oil. The contented smile on your partner's face helps you remember how good your last massage felt. You feel the pleasure radiating from your partner. There is delight in knowing how much your partner enjoys receiving your gift of Vitamin T.

Sexual delight is the embracing your partner's pleasure. The passion for another's pleasure is the desire for delight.

I'm enjoying my pleasure.

I'm enjoying your pleasure.

Our pleasure is my Delight.

Sometimes only one person experiences delight. When both partners feel it simultaneously, it is double delight. The pleasure is blended so well that it is impossible to distinguish whose is whose.

“Sexual Delight is as contagious as laughter.”

Our senses carry us toward delight. The salty taste of the skin, the sight of an ecstatic smile, the feel of lips upon the body, the sound of moans and the earthy smells of love magnify our passion. The delight which follows is greater than the sum of both people's pleasure. Arousal increases when you sense your partner's desire for your pleasure. Delight can be experienced in any of the four phases of Pleasuring: signaling, playing, climaxing or afterglow. A mere twinkle in your lover's eye can recreate the feeling of delight.

The spiral of Sexual Delight begins with your personal desire for and receptivity to pleasure. Delight spirals and increases from the synergy of the relationship. The combination of pleasure excites both of you. It is intensified by the love you share.