

#3 Happiness!

You will discover the meaning of life when you have a life full of meaning.

Happiness is the result of doing our best.

Live each moment with as much grace and gratitude as possible.

Creativity and imagination create peak experiences.

We are richest when we need the least.

Love and happiness are sacred paths.

Our brightest moments come when we help ourselves and others out of the darkness.

Joy lives in the now.

A person who can experience deep sadness is more likely to experience deep happiness.

Acts of virtue create an abundance of love.

Find the heaven in hell.

Our happiness is intertwined like the fibers of an oriental rug.

The happier you are with yourself, the happier you are with others.

When you are thirsty, a glass of water is divine.

Happiness happens when our actions benefit others.

Instead of trying to find happiness let happiness find you.

Give yourself the freedom to be the happiest person you know.

If you are happy and you know it, let your face show it.

Be happy. Be.