

#4 Happiness Action Plan

Positive Attitude & Outlook

Sense of Humor

Seeks Pleasure & Joy

Cosmic Perspective

Playful & Lighthearted

Delights in Small Wonders

Abundance Mentality

Loves Life & Work

Wide Range of Interests

Inner Peace & Harmony

Evaluate your skill level in this inventory category on a scale from 1 to 10.

Which skill do you want to strengthen at this time?

Which skill is too low and causing you problems?