

#### #4 What is Sex?

Our sexuality is a complicated and frequently confusing topic. The source of our sexual desire is pleasure, reproduction and love. Seeds, nuts, grains, flowers, milk, fruits and vegetables—almost everything we eat is in some way related to sexual reproduction. Sex is inherently wholesome.

Below is a list of words associated with sex. It is surprising to see that sex is a symbol for such a wide range of experiences. The word “sex” has only three letters but there are over three hundred words that it represented.

Sex is:

alive, amazing, adoring, adventure, amour, anus, arousing, affection, aggressive, animal, alert, attraction, afterglow, bedroom, babies, belonging, body, bold, balls, breathing, breasts, bottom, bliss, brazen, buns, boundaries, blood, butt, birth, complex, compassion, contact, caring, closeness, climax, conquest, connecting, cuddling, chocolate, caressing, charming, clitoris, delicate, divine, devoted, desire, drifting, daring, dancing, dripping, darkness, erogenous, energy, enter, eyes, emotions, ears, exciting, enthusiasm, emotional, ecstatic, enlightened, enchanted, erection, eccentric, electric, embrace, excited, eros, engorging, eager, ejaculating, empty, erotic, earthy, eggs, fantasy, flirting, frisky, fondling, focused, feathers, flowers, foreplay, falling, fear, frolicking, fullness, floating, fantasy, feisty, forceful, forward, frank, free, goofy, giggling, goosey, generous, goddess, glowing, groin, genitals, healing, humor, holy, hips, humping, horny, holding, honoring, hugging, hungry, heavenly, hot, hormones, hurting, irreverent, intensity, intertwined, intercourse, instinctual, ingenious, innocent, inventive, insatiable, intimacy, joy, juicy, kinky, kissing, kindness, love, laughter, lovemaking, lotion, lingam, lusty, lips, lonely, lubrication, lying, licking, lingering, longing, messy, mental, mutual, massage, mysterious, moon, mouth, mischievous, masturbating, mouthwatering, movement, mate, nude, nurturing, needs, noisy, necking, naughty, naked, nipples, oil, open, orifice, oral, overjoyed, orgasms, oneness, ornery, play, permission, panting, private, pubic, physical, passive, powerful, potent, playful, primal, penis, passion, pleasure, peak, presence, patient, plateau, pheromones, pregnant, pain, playmate, pelvic, quest, quiet, quickening, quake, risky, rough, rowdy, raunchy, rubbing, receptive, rejecting, restless, romance, rising, repressed, respect, responsive, release, raw, ravaging, relaxing, rebellious, silly, stroking, silky, seduction, slippery, scary, sperm, spontaneous, stimulating, saucy, seductive, sensitive, silky, slender, slow, spontaneous, spunky, stimulating, strong, sweet, sultry, semen, sucking, sacred, safe, secretions, sights, spiritual, scent, senses, smells, sounds, saliva, stirring, sleeping, sweat, skin, stillness, sweet, sexy, shameful, serious, surrender, searching, satori, thirst, tenderness, toys, touching, top, toes, tribal, tongue, tender, tears, taste, timeless, tantra, titillating, tension, transformative, thoughtful, thrusting, tango, together, tickled, thrilled, timid, tough, tranquil, throbbing, thighs, uninhibited, unknown, union, us, velvet, vagina, vibrations, vitality, vibrant, virtuous, vivacious, warm, wild, wet, wanting, whimsical, wholeness, witty, x-rated, yielding, yin, yang, yoni, zest, zeal, zipper, zowie and zapped