

#7 Pleasuring

To describe the sexual experience our language has vague, confusing terms like “making love,” “having sex” and various slang terms. These expressions fail to describe the beauty of Sexual Touch. Another word is needed to do justice to the most intimate form of touching in the world. That word is Pleasuring.

Pleasuring is the physical and emotional enjoyment which results when two people experience sexual intimacy in the presence of high doses of Vitamin T. Pleasuring represents the incredible human ability to combine passion, play, tenderness, caring, and bonding with sexuality.

Pleasuring = Sexual Touch and Special Touch

Pleasuring provides an opportunity to embellish the sexual experience with forms of Special Touch. The degree of pleasure increases with the intimacy and Vitamin T. The quality and quantity of the touch exchanged affects the amount of pleasure received. With pleasuring, the entire body is an instrument of pleasure, not just the sex organs. There is enormous satisfaction in knowing that your partner wants to give you pleasure. Pleasuring encompasses the larger experience of caring for and giving to one another. The pleasure multiplies when there is a deep emotional connection.

Pleasuring is the expression of healthy sexuality. The desire stems from several sources each of which brings pleasure:

the desire for orgasmic release

the ancient, primitive sex drive

the need for play, passion and excitement

the need to share, bond and nurture one another.

Pleasuring is not dependent on intercourse or orgasm. The emphasis is not on how much sex one obtains, but on how much pleasure is experienced. Enjoying the entire process from the first inklings of desire to the final relaxation phase is the essence of Pleasuring.

“Pleasuring is the physical and emotional enjoyment which results when two people experience sexual intimacy.”